



2/21/21 Sermon Notes

“Ask”

Psalm 22

Pastor Dan DeRoche

Psalm 22:1-11, 19-21 (CSB) - ¹ My God, my God, why have you abandoned me? Why are you so far from my deliverance and from my words of groaning? ² My God, I cry by day, but you do not answer, by night, yet I have no rest. ³ But you are holy, enthroned on the praises of Israel. ⁴ Our ancestors trusted in you; they trusted, and you rescued them. ⁵ They cried to you and were set free; they trusted in you and were not disgraced. ⁶ But I am a worm and not a man, scorned by mankind and despised by people. ⁷ Everyone who sees me mocks me; they sneer and shake their heads: ⁸ “He relies on the Lord; let him save him; let the Lord rescue him, since he takes pleasure in him.” ⁹ It was you who brought me out of the womb, making me secure at my mother’s breast. ¹⁰ I was given over to you at birth; you have been my God from my mother’s womb. ¹¹ Don’t be far from me, because distress is near and there’s no one to help.

¹⁹ But you, Lord, don’t be far away. My strength, come quickly to help me. ²⁰ Rescue my life from the sword, my only life from the power of these dogs. ²¹ Save me from the lion’s mouth, from the horns of wild oxen. You answered me!

“But the one who wins with heaven is the one who grasps the rope boldly and pulls continuously, with all their might.” - Charles Spurgeon

When we ASK God for help in lament it means we call upon God to act in accordance with His character.

Verses 1-10

In his deep pain and sense of abandonment David anchors his soul to who God is and what God has done.

Verses 11, 19-21

Pain and trials give us the beautiful opportunity to reaffirm our dependence upon God for all of life.

Seven Things We Can Ask God For

1. Ask God to fix what is wrong in the world (10:12)
2. Ask God for help (60:11-12)
3. Ask that God would remember His promises (25:6)
4. Ask God to forget our sins (51:1)
5. Ask God to restore us (80:3)
6. Ask God not to be silent and listen to you (28:1, 86:6)
7. Ask for God to vindicate you (35:24)

Ask Boldly (Hebrews 4:15-16)

¹⁵ For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has been tempted in every way as we are, yet without sin. ¹⁶ Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need.

Asking God in the Psalms...

Rise up, Lord God! Lift up your hand. Do not forget the oppressed. (10:12)

Give us aid against the foe, for human help is worthless. With God we will perform valiantly; he will trample our foes. (60:11-12)

Remember, Lord, your compassion and your faithful love, for they have existed from antiquity. (25:6)

Be gracious to me, God, according to your faithful love; according to your abundant compassion, blot out my rebellion. (51:1)

Restore us, God; make your face shine on us, so that we may be saved. (80:3)

Lord, I call to you; my rock, do not be deaf to me. If you remain silent to me, I will be like those going down to the Pit. (28:1)

Lord, hear my prayer; listen to my cries for mercy. (86:6)

Vindicate me, Lord my God, in keeping with your righteousness, and do not let them rejoice over me. (35:24)

We lament and ask boldly because Jesus understands deeply.