



## 2/21/21 Sermon Notes

### “Ask”

### Psalm 22

Pastor Dan DeRoche

**Psalm 22:1-11, 19-21 (CSB)** - <sup>1</sup> My God, my God, why have you abandoned me? Why are you so far from my deliverance and from my words of groaning? <sup>2</sup> My God, I cry by day, but you do not answer, by night, yet I have no rest. <sup>3</sup> But you are holy, enthroned on the praises of Israel. <sup>4</sup> Our ancestors trusted in you; they trusted, and you rescued them. <sup>5</sup> They cried to you and were set free; they trusted in you and were not disgraced. <sup>6</sup> But I am a worm and not a man, scorned by mankind and despised by people. <sup>7</sup> Everyone who sees me mocks me; they sneer and shake their heads: <sup>8</sup> “He relies on the Lord; let him save him; let the Lord rescue him, since he takes pleasure in him.” <sup>9</sup> It was you who brought me out of the womb, making me secure at my mother’s breast. <sup>10</sup> I was given over to you at birth; you have been my God from my mother’s womb. <sup>11</sup> Don’t be far from me, because distress is near and there’s no one to help.

<sup>19</sup> But you, Lord, don’t be far away. My strength, come quickly to help me. <sup>20</sup> Rescue my life from the sword, my only life from the power of these dogs. <sup>21</sup> Save me from the lion’s mouth, from the horns of wild oxen. You answered me!

*“But the one who wins with heaven is the one who grasps the rope boldly and pulls continuously, with all their might.” - Charles Spurgeon*

When we ASK God for help in lament it means we call upon God to act in accordance with His character.

#### Verses 1-10

In his deep pain and sense of abandonment David anchors his soul to who God is and what God has done.

#### Verses 11, 19-21

Pain and trials give us the beautiful opportunity to reaffirm our dependence upon God for all of life.

#### Seven Things We Can Ask God For

1. Ask God to fix what is wrong in the world (10:12)
2. Ask God for help (60:11-12)
3. Ask that God would remember His promises (25:6)
4. Ask God to forget our sins (51:1)
5. Ask God to restore us (80:3)
6. Ask God not to be silent and listen to you (28:1, 86:6)
7. Ask for God to vindicate you (35:24)

#### Ask Boldly (Hebrews 4:15-16)

<sup>15</sup> For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has been tempted in every way as we are, yet without sin. <sup>16</sup> Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace to help us in time of need.

#### Asking God in the Psalms...

Rise up, Lord God! Lift up your hand. Do not forget the oppressed. (10:12)

Give us aid against the foe, for human help is worthless. With God we will perform valiantly; he will trample our foes. (60:11-12)

Remember, Lord, your compassion and your faithful love, for they have existed from antiquity. (25:6)

Be gracious to me, God, according to your faithful love; according to your abundant compassion, blot out my rebellion. (51:1)

Restore us, God; make your face shine on us, so that we may be saved. (80:3)

Lord, I call to you; my rock, do not be deaf to me. If you remain silent to me, I will be like those going down to the Pit. (28:1)

Lord, hear my prayer; listen to my cries for mercy. (86:6)

Vindicate me, Lord my God, in keeping with your righteousness, and do not let them rejoice over me. (35:24)

*We lament and ask boldly because Jesus understands deeply.*