

Crazy Blessed...A Journey Through the Beatitudes

The Sadness That Brings Gladness

Matthew 5:3-4

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Pastor Bob Boerman

³The poor in spirit are blessed, for the kingdom of heaven is theirs. ⁴Those who mourn are blessed, for they will be comforted.

Matthew 5:3-4 HCSB

Sermon in one sentence: The haughty heart (3) and the tearless eye (4) should be foreign to those who follow Christ.

Three Important Observations

1) “Mourn” means to grieve and wail.

It is a deep sorrow that causes the soul to ache and the heart to break.

2) Mourning is strongly encouraged, almost commanded, by Christ.

3) Christ is not speaking of a mourning that is common to all people, saved and unsaved alike.

Two kinds of mourning that bring comfort

First, we are to mourn over our own sin.

The way to happiness is not in ignoring what you did, but in a sorrow over it that cries out to God for cleansing.

Sin and inner happiness are incompatible for the Christian. Where one exists the other cannot. Until sin is dealt with, happiness is locked out. (MacArthur)

Constant battle this side of eternity...

I see a different law in the parts of my body, waging war against the law of my mind and taking me prisoner to the law of sin in the parts of my body. What a wretched man I am! Who will rescue me from this dying body? I thank God through Jesus Christ our Lord! So then, with my mind I myself am a slave to the law of God, but with my flesh, to the law of sin.

Romans 7:23-25 HCSB

“The Christian’s entire life is a continuous act of repentance and contrition.” Martin Luther

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. (2 Corinthians 7:10)

How to mourn like David

1) You should pray and fast for a broken and contrite heart.

(2 Samuel 12:15)

2) You must be willing to face the consequences realistically.

(2 Samuel 12:18-19)

Second, we are to mourn over sin and injustice in our world.

My eyes pour out streams of tears because people do not follow Your instruction.

Psalm 119:136 HCSB

“Believers in a right relationship with God will mourn over the wrongs in our world and grieve over the destructiveness of sin (Romans 7:24).”

Chuck Swindoll